

TABLE 5-1
ACOUSTIC EXPRESSION OF EMOTIONAL STATES

According to Friederich Marpurg (1718-1795)

Emotion	Expression
sorrow	slow, languid melody; sighing; caressing of single words with exquisite tonal material; prevailing dissonant harmony
happiness	fast movement; animated and triumphant melody; warm tone color; more consonant harmony
contentment	a more steady and tranquil melody than with happiness
repentance	the elements of sorrow, except that a turbulent, lamenting melody is used
hopefulness	a proud and exultant melody
fear	tumbling downward progressions, mainly in the lower register
laughter	drawn out, languid tones
fickleness	alternating expressions of fear and hope
timidity	similar to fear, but often intensified by an expression of impatience
love	consonant harmony, soft, flattering melody in broad movements
hate	rough harmony and melody
envy	growling and annoying tones
compassion	soft, smooth, lamenting melody; slow movement; repeated figures in the bass
jealousy	introduced by a soft, wavering tone; then an intense, scolding tone; finally a moving and sighing tone; alternating slow and quick movement
wrath	expression of hate combined with running notes; frequent sudden changes in the bass; sharp violent movements; shrieking dissonances
modesty	wavering, hesitating melody; short, quick stops
daring	defiant, rushing melody
innocence	a pastoral style
impatience	rapidly changing, annoying modulations

TABLE 5-2
PHYSICAL, MENTAL, AND EMOTIONAL IMPACT
OF MUSICAL GENRES

Genre	Impact
sacred, hymns, gospel, shamanic drumming	grounding, deep peace, spiritual awareness, transcend and release pain
Gregorian chants	regular breathing, openness, lowered stress, contemplation
New Age	expansion of space and time, calm wakefulness, gentle detachment from the body
Slower Baroque (Bach, Vivaldi)	security, precision, orderliness
Classical (Mozart, Haydn)	lightness, visionary, regal, three-dimensional perception
Romantic (Tchaikovsky, Chopin)	emotion, warmth, pride, romance, patriotism
Impressionist (Debussy, Ravel)	feelings, dream images, day dreaming
African American — jazz, blues, Dixieland, reggae	joyous, heartfelt feelings, sly, playful, ironic
Latin - - salsa, rhumba, samba	sexy, heartpounding, body stimulating
big band, pop, country/western	centered, feeling of goodness, contained movement
rock	aggressive movement, building or releasing tension
heavy metal, punk, rap, hip bop, grunge	animating the nervous system, rebellious behavior